

Golden City R-III School

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 8/23/2021 NO SCHOOL TODAY	Tue - 8/24/2021 QUESADILLA SALSA REFRIED BEANS CORN ASSORTED FRUIT Milk, variety	Wed - 8/25/2021 PizzaBoli LETTUCE,GARDEN SALAD 3/4 CUP ASSORTED FRUIT Milk, variety	Thu - 8/26/2021 PHILLY CHEESE STEAK POTATO WEDGES VEG,BROCCOLI, COOKED 1/2 CUP ASSORTED FRUIT Milk, variety	Fri - 8/27/2021 BBQ RIB BUTTERED CARROTS ASSORTED FRUIT BREAD Milk, variety
Mon - 8/30/2021 CHICKEN PARMESEAN GREEN BEANS ASSORTED FRUIT BREAD Milk, variety	Tue - 8/31/2021 FRITO PIE MIXED VEGETABLES ASSORTED FRUIT Milk, variety	Wed - 9/1/2021 HAMBURGER ON A BUN LETTUCE,TOMATO,ONION POTATOE WEDGE 2 BAKED BEANS ASSORTED FRUIT Milk, variety	Thu - 9/2/2021 ASSORTED SANDWICHES POTATO CHIP CARROT STICKS BROCCOLI RAW ASSORTED FRUIT Milk, variety	Fri - 9/3/2021 HOT HAM & CHEESE ON BUN VEG,CAULIFLOWER,FZ 3/4 CUP ASSORTED FRUIT Milk, variety
Mon - 9/6/2021 NO SCHOOL TODAY	Tue - 9/7/2021 CHICKEN FAJITA REFRIED BEANS CORN ASSORTED FRUIT Milk, variety	Wed - 9/8/2021 CHICKEN FRIED STEAK GREEN BEANS MASHED POTATO GRAVY BREAD ASSORTED FRUIT Milk, variety	Thu - 9/9/2021 Pork Tenderloin Sandwich BROCCOLI ASSORTED FRUIT Milk, variety	Fri - 9/10/2021 HOT DOG ON A BUN CONEY SAUCE PEAS ASSORTED FRUIT Milk, variety
Mon - 9/13/2021 GRILLED CHICKEN SANDWICH LETTUCE,TOMATO,ONION PEAS ASSORTED FRUIT Milk, variety	Tue - 9/14/2021 BURRITO SALSA VEG,BROCCOLI, COOKED 1/2 CUP ASSORTED FRUIT Milk, variety	Wed - 9/15/2021 TERIYAKI CHICKEN ORIENTAL BLEND VEGTABLES ASSORTED FRUIT Milk, variety	Thu - 9/16/2021 MACARONI AND CHEESE 1 CUP HAM WINTER MIX VEGETABLES ASSORTED FRUIT Milk, variety	Fri - 9/17/2021 NO SCHOOL TODAY
Mon - 9/20/2021 BONELESS HONEY BBQ WINGS BAKED BEANS POTATOE WEDGE ASSORTED FRUIT Milk, variety	Tue - 9/21/2021 SOFT TACOS LETTUCE,TOMATO,ONION WINTER MIX VEGETABLES ASSORTED FRUIT Milk, variety	Wed - 9/22/2021 CHICKEN ALFREDO WITH A TWIST SPINACH ASSORTED FRUIT Milk, variety	Thu - 9/23/2021 SPAGHETTI LETTUCE,GARDEN SALAD 3/4 CUP BREADSTICKS ASSORTED FRUIT Milk, variety	Fri - 9/24/2021 SLOPPY JOE ON A BUN BAKED BEANS BUTTERED CARROTS ASSORTED FRUIT Milk, variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mon - 9/27/2021	Tue - 9/28/2021	Wed - 9/29/2021	Thu - 9/30/2021	Fri - 10/1/2021
CHICKEN PATTY ON BUN BUTTERED CARROTS ASSORTED FRUIT Milk, variety	CHILI CRISPITO SALSA CORN ASSORTED FRUIT Milk, variety	SWEET & SOUR CHICKEN ORIENTAL BLEND VEGTABLES ASSORTED FRUIT Milk, variety	HOAGIES POTATO CHIP BROCCOLI RAW ASSORTED FRUIT Milk, variety	CHILI W /BEANS SLICE CHEESE CRACKERS 4 PKG (8 SQUARES) SWEET PEAS ASSORTED FRUIT Milk, variety

Menus Subject to Change
This Institution is an Equal Opportunity Provider

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