

Golden City R-III School

Page 1

Aug 11, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 8/23/2021 NO SCHOOL TODAY	Tue - 8/24/2021 PANCAKE ON STICK SYRUP OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 8/25/2021 CHOCOLATE CHIP MUFFIN OR CEREAL VARIETY/TOAST ASSORTED FRUIT YOGURT VARIETY Juice, variety Milk, variety	Thu - 8/26/2021 Canadian bacon egg biscu OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 8/27/2021 FRENCH TOAST STICKS OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety
Mon - 8/30/2021 WHOLE GRAIN BISCUIT Sausage Gravy OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Tue - 8/31/2021 PANCAKE SYRUP OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 9/1/2021 CHEESE OMELET POTATO WEDGES TOAST OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Thu - 9/2/2021 JUMBO WAFFLES SYRUP OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 9/3/2021 Breakfast Crispito SALSA OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety
Mon - 9/6/2021 NO SCHOOL TODAY	Tue - 9/7/2021 BLUEBERRY MUFFIN OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 9/8/2021 BREAKFAST CHICKEN SAND. OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Thu - 9/9/2021 FRUIT TURNOVER OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 9/10/2021 EGG PATTY SAUSAGE PATTY TOAST OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety
Mon - 9/13/2021 CHEESE OMELET TOAST OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Tue - 9/14/2021 SCRAMBLED EGGS BACON TOAST OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 9/15/2021 CROISSANT SANDWICH OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Thu - 9/16/2021 PANCAKE SYRUP OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 9/17/2021 NO SCHOOL TODAY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Golden City R-III School

Page 2

Aug 11, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/20/2021 CHEESE OMELET SAUSAGE LINK TOAST OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Tue - 9/21/2021 BREAKFAST PIZZA OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 9/22/2021 Canadian bacon egg biscu OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Thu - 9/23/2021 OATMEAL OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 9/24/2021 Pancake sandwich OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety
Mon - 9/27/2021 BREAKFAST CHICKEN SAND. OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Tue - 9/28/2021 BREAKFAST BURRITO SALSA OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Wed - 9/29/2021 SAUSAGE, EGG & CHEESE BISCUIT OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Thu - 9/30/2021 FRENCH TOAST CASSEROLE OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety	Fri - 10/1/2021 PANCAKE ON STICK SYRUP OR CEREAL VARIETY/TOAST ASSORTED FRUIT Juice, variety Milk, variety

Menus Subject to Change
This Institution is an Equal Opportunity Provider

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.